

St. Edward Stories St. Edward Public Schools

From the Superintendent's Desk

BEAVER NATION NEWS

Printed by The St. Edward Beaver Crew

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I would like to begin by thanking everyone for your flexibility with the inclement weather we had in February causing school to be cancelled and a late start. I am hoping spring is just around the corner with warmer temperatures in store for the remainder of the year. We have just a few days left in the third quarter of this 2024-2025 school year. Our students continue to learn grow each day. I contribute this success to a staff that works with the best interests of students first and foremost each day. I would like to recognize and thank the parents for your dedication and support of your students and the St. Edward staff in the educational process of each of our students. We had another outstanding turnout for our Spring Parent/Teacher Conferences last month, and this is just one example of your commitment to your students' education. Keep up the great work!

The winter sports seasons have concluded, and track season has officially started on Monday, March 3rd with practices underway. I would like to congratulate all coaches and participants for the success they experienced and the positive learning experiences they encountered during their winter seasons. I am looking forward to our track athletes, coaches, and spectators representing NGSE with a greatest competitive spirit and excellent sportsmanship. Our cooperative with Newman Grove has been going extremely well. We have ironed out various wrinkles to make things operate smoothly. Go Panthers!

A few dates in March to mark on your calendar for planning purposes include the following: Wednesday, March 5th, which is the end of the third quarter and a 1:30 dismissal day for students; No School on Thursday, March 6th and Friday, March 7th for Spring Break. Thank you for your time, and make March a great month.



HOW DOES SCHOOL BREAKFAST HELP FAMILIES?



Fuels learning

Kids and teens can concentrate on their schoolwork better when they're not hungry. Studies show that kids do better in school when they eat breakfast.



Provides better nutrition

Studies show that people who eat breakfast have higher intakes of dietary fiber, B vitamins, calcium, iron, and other nutrients.



Saves time

School breakfast can simplify mornings for families by offering kids and teens healthy options that fit into their schedule.

HOW CAN FAMILIES HELP THEIR CHILD EAT A HEALTHY BREAKFAST?

- Read the menu with your child to make sure your student knows about all the foods that are included in their school breakfast
- Find out how your parent organization can work with school nutrition professionals to promote breakfast options at your school, such as Breakfast in the Classroom.



Visit Choosemyplate.gov/Families for additional tips and activities for families.

The School Breakfast Program (SBP) provides cash assistance to States to operate nonprofit breakfast programs in schools and residential child care institutions. The USDA Food and Nutrition Service administers the SBP at the Federal level. State agencies administer the SBP at the State level, and local school food authorities operate the Program in schools.

Learn more at: www.fns.usda.gov/sbp/school-breakfast-program-sbp.

FNS-633 August 2016 USDA is an equal opportunity provider and employer.







MYPLATE GUIDE TO

SCHOOL BREAKFAST

for Families



FRUITS

A full cup of fruit is available every day, providing nutrients that are important for kids' health, such as potassium, dietary fiber, vitamin C, and folate (folic acid).





Kids and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth, and muscles.



VEGETABLES

Every breakfast does not include vegetables, but schools may offer them in place of fruits.





Starting every day the whole grains way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school.



PROTEIN FOODS

Some breakfast menus may offer items such as eggs, nuts, or meats to pair with whole-grain options.















Dear Families,

Are you looking for a quick and easy way to support our school?

Box Tops for Education has been around for over 25 years, and it really can make a difference. In fact, the Box Tops program has helped give almost one billion dollars to schools since 1996.

The Box Tops app gives participants the ability to earn for any school across the country with just the touch of a button. Plus, the Box Tops app allows you to search for schools that could use a little extra help, so you can help give students in low-income schools the opportunity to succeed.

HERE'S HOW IT WORKS: Buy participating products and use the Box Tops app to scan your store receipt. The app identifies eligible products and earnings are credited to your designated school online. Even if you're shopping online or doing grocery pickup, you can still submit your digital or email receipt with the Box Tops app and earn. Twice a year, our school gets a check!

See a list of participating products at BTFE.COM/PRODUCTS

Box Tops earnings really add up, and the more people that participate, the bigger the impact we can make. So let's give our teachers the support they need and give more kids the opportunity to succeed. Together, we can help make a big difference.





LEARN MORE ABOUT **BOX TOPS AT BTFE.COM**



EARN FOR YOUR SCHOOL WITHOUT SCANNING!

Now you can earn cash for your school every time you buy Box Tops products at Walmart - no scanning required! Just follow these simple steps to connect your Box Tops and Walmart accounts.

HOW IT WORKS:







STEP 1

wnload the Box Tops app or updat the latest version. In the app, go to ar profile, then tap on "Connected counts" and select "Walmart."

STEP 2

When prompted, sign in to your Walmart account, (If you don't have a Walmart account, you'll be prompted to create one). Make sure to save a payment method to

STEP 3

Box Tops, so your qualifying purchases mad in-store and online with a saved payment method will earn for your school! Box Tops will be credited after you receive your

DON'T HAVE THE BOX TOPS APP YET? GET IT AT BTFE.COM/APP







YOU CA MAKE A DIFFERENCE FOR SCHOOLS

Help schools and teachers get the resources they need! The Box Tops app makes it easy to earn cash for the school of your choice with everyday products you already buy.



Earn for your school with over 350 participating products.
Use the Box Tops app to scan paper receipts or submit digital receipts within 14 days of purchase, or connect your Walmart account with your Box Tops account to earn at Walmart without scanning

Exciting offers every month

Find new bonus offers every month in the app. Check the app every month to see which of your favorite Box Tops products can earn more that month.

Extras! Extras! Read all about them!

Seasonal and holiday bonuses give you even more opportunities to earn big for your school throughout the year. Sign up for Box Tops emails and app notifications in the Communication Settings in the app, and follow us on Facebook and Instagram to get the inside scoop on exciting bonus offers that pop up.

Refer a friend and earn BIG

Invite friends to Box Tops and when they scan their first receipt within 14 days, you and your friend will each earn Bonus Box Tops for the school of your choice. Go to your profile in the app and tap on "Invite Friends" to get started.

Beyond scanning

- You can also use the app to:

 Follow your school's earning progress

 See a full list of participating products

 Find and support schools in your area









The Public is coordinately invited to the Grand March in the old Gym/Cafeteria! THE CLASS OF 2026 **CORDIALLY INVITES YOU TO** DINNER & A MYSTERY SATURDAY, MARCH 29, 2025 **PHOTOS: 5:30 PM DINNER: 6:00 PM GRAND MARCH: 7:00 PM**



Marcos Paez

Do you have a favorite high school memory? If so, please share:

Football and Basketball games.

Which teacher or staff member had the biggest impact on you? Why?

Mr. Roscoe and Mr. Gray. They are my coaches, have taught me a lot of valuable life lessons, and I am sure they didn't even notice.

What extracurricular activity are you most proud of participating in? Why?

Football and Basketball, love both of those sports.

Which peers or friends had really positive influences on you?

Shae Murphy

What are you most excited about in this next phase of your life?

Traveling.

Is there a new skill you're eager to learn or a hobby you want to explore?

Networking with people who can provide value to me in the future.

What's your favorite book or movie? Why does it resonate with you?

Wolf of Wall Street, great movie. Always loved finance so it resonates well with me.

If you could have any superpower, what would it be and how would you use it?

Time travel, travel in the future to see how the world would be.

What's the one piece of life advice you wish someone had given you sooner?

Chase your dreams, or they'll always be dreams

How do you deal with academic pressure? What was your biggest challenge in high school, and how did you overcome it? How do you balance school, extracurriculars, and social life?

Pressure makes diamonds.



Mason Steensnes

Do you have a favorite high school memory? If so, please share: goofing off in classes with Anthony

Which teacher or staff member had the biggest impact on you? Why?

Mr. Roscoe because he a great football coach and is helpful, Mr. Gray because he my favorite basketball coach and he Mr. Beast. Mrs. Beekman because she helps with everything I work on.

What extracurricular activity are you most proud of participating in? Why?

Basketball because I'm better at it than football.

Which peers or friends had really positive influences on you?

Marcos, Shae, and a little of Anthony

What are you most excited about in this next phase of your life?

Making money

Is there a new skill you're eager to learn or a hobby you want to explore?

Welding

What's your favorite book or movie? Why does it resonate with you?

My Favorite show is supernatural.

If you could have any superpower, what would it be and how would you use it?

Lightning. It cool and infinite energy for electronics.

What's the one piece of life advice you wish someone had given you sooner?

The right girl will find you. Don't waste your time chasing someone only for them to leave you.

How do you deal with academic pressure? What was your biggest challenge in high school, and how did you overcome it? How do you balance school, extracurriculars, and social life?

Driving around helps me calm the most. Whenever I am struggling, I like to drive around and listen

to music. Driving around with friends can be helpful too.

SENIOR CCC VISIT















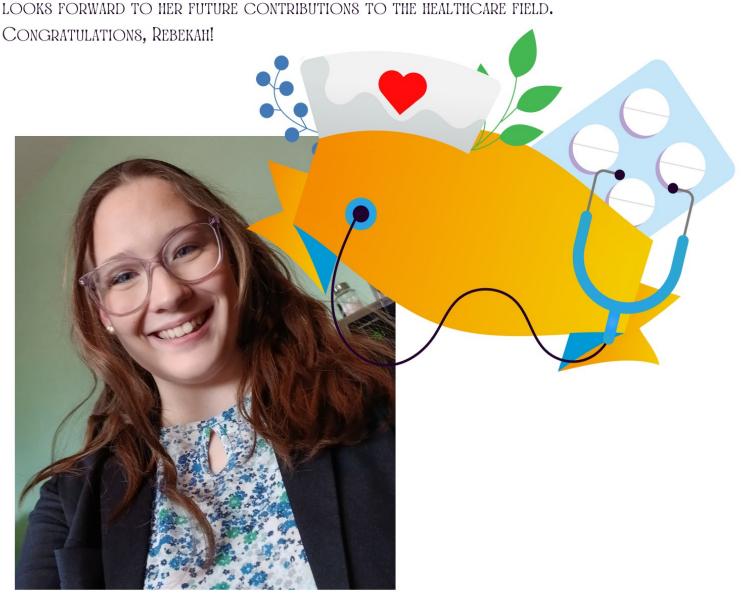


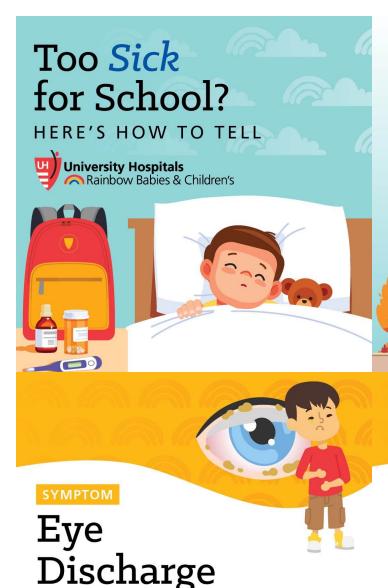
"ST. EDWARD SENIORS PARTICIPATED IN THE CENTRAL VISIT DAY ON JANUARY 30TH. THIS WAS A GREAT WAY FOR STUDENTS TO EXPERIENCE CCC'S ATMOSPHERE AND ENVIRONMENT TO FIND THEIR FIT. THE SENIORS LEARNED MORE ABOUT CCC'S FINANCIAL AID AND ADMISSIONS PROCESS, HAD A STUDENT-LED CAMPUS TOUR, MET WITH ADVISORS IN THEIR PROGRAM AREAS OF INTEREST, AND LEARNED MORE ABOUT THE BENEFITS OF ATTENDING CCC FROM CURRENT AND PAST STUDENTS.



Congrats, Rebekah Ketetsen

REBEKAH KETELSEN, A SENIOR AT ST. EDWARD PUBLIC SCHOOL, HAS ACHIEVED A SIGNIFICANT MILESTONE IN HER ACADEMIC JOURNEY. SHE HAS BEEN SELECTED INTO THE PRESTIGIOUS KEARNEY HEALTH OPPORTUNITIES PROGRAM (KHOP) FOR NURSING. THIS REMARKABLE ACCOMPLISHMENT RECOGNIZES REBEKAH'S OUTSTANDING ACADEMIC PERFORMANCE AND HER POTENTIAL IN THE FIELD OF NURSING. AS PART OF THIS PROGRAM, REBEKAH WILL HAVE THE OPPORTUNITY TO JOIN THE KHOP LEARNING COMMUNITY, WHICH OFFERS A SUPPORTIVE ENVIRONMENT FOR ASPIRING HEALTHCARE PROFESSIONALS. THE PROGRAM ALSO PROVIDES A GENEROUS ONE-TIME ROOM SCHOLARSHIP WORTH \$3,000 TO SUPPORT HER HOUSING COSTS. THIS RECOGNITION NOT ONLY HIGHLIGHTS REBEKAH'S HARD WORK AND DEDICATION BUT ALSO SETS HER ON A PATH TOWARDS A PROMISING CAREER IN NURSING. THE ST. EDWARD COMMUNITY IS UNDOUBTEDLY PROUD OF REBEKAH'S ACHIEVEMENT AND LOOKS FORWARD TO HER FUTURE CONTRIBUTIONS TO THE HEALTHCARE FIELD.





Chills or **Body Aches**

STAY HOME IF...

You suspect flu or COVID-19 – they spread rapidly

Call Your Pediatrician If Your Child Has:

University Hospitals
Rainbow Babies & Children's

Your pediatrician should always be your first source of information and advice

UHRainbow.org/pediatrics

Fever higher that than 103° F

 Vomiting more than 24 hours Diarrhea more than 1 week

Fever lasting 4 days or longer

Signs of dehydration



GO BACK TO SCHOOL AFTER...

Acute symptoms have been gone for 24 hours (congestion and cough can take 1 - 2 weeks to clear)





STAY HOME IF...

You or your doctor suspects or diagnoses strep throat or temperature is above 100° F



GO BACK TO SCHOOL AFTER...

24 hours after starting antibiotics (strep +) or no fever for 24 hours and symptom-free (strep -)



STAY HOME IF...

Redness and itchiness affect all or most of your child's body, is spreading or there are other signs of illness



GO BACK TO SCHOOL AFTER...

The rash is gone – or your pediatrician gives the OK



STAY HOME IF...

Yellow / green pus or pink eye appears



GO BACK TO SCHOOL AFTER...

24 hours of antibiotic treatment, cleared by a doctor







STAY HOME IF...

Your child has a persistent cough with phlegm, wheezing or other cold symptoms



GO BACK TO SCHOOL AFTER...

Your child has been fever-free for 24 hours and can breathe easily





STAY HOME IF...

Your child is vomiting or has uncontrolled diarrhea



GO BACK TO SCHOOL AFTER...

24 hours of no vomiting and your child has control of bathroom breaks

Fever



STAY HOME IF...

The temperature on an oral thermometer reads 100° F or higher (100.4° F for an ear, rectal or forehead thermometer)



GO BACK TO SCHOOL AFTER...

Body temperature is under 100° F for 24 hours without medication



4-7-8 breathing

Before, during or after a stressful situation, try this simple breathing technique.



Inhale 4

Close your eyes and inhale for a count of 4 through your nose.

Hold 7

Hold your breath for a count of 7.

Exhale 8

Exhale through your mouth for a count of 8.

STUDENT OF THE WEEK Website Design



JOSIE SOCK

In Web Design, many of the videos that the students have produced have been edited by Josie. Josie has devoted countless hours to editing these videos and making sure they are of high quality before releasing them to the masses. Josie has spearheaded much of the work we have done in class and is a great leader for our Beaver Broadcasting. Congratulations to Josie Sock!!



STUDENT OF THE WEEK



Family and Consumer Sciences

KORINA BITTNER

Korina has been nominated as the FCS Student of the Week for National CTE Month. Korina is currently enrolled in Intro. to FCS, and has served as the FCCLA President for the past few years. Korina has gone above and beyond in helping others during class, and at FCCLA activities. She is passionate about what we learn in FCS and in what she does for FCCLA. She is always working on new ideas to improve everything we do! Congratulations, Korina!



STUDENT OF THE WEEK



Ag Education

OLIVIA REARDON

Olivia was nominated as the National CTE Month Student of the Week for the Ag Education program! Olivia is currently enrolled in Wildlife Management and Floriculture classes. She also serves as the FFA Chapter President. Olivia always goes above and beyond in fulfilling her responsibilities and leading others in and out of the classroom. She is always willing to try new things and encourages other to do the same! Congratulations, Olivia!



STUDENT OF THE WEEK



Business M Education

MASON STEENSNES

Mason has been nominated as the Business/IT Education Student of the Week for National CTE Month. Mason is currently enrolled in Accounting I. With this class, Mason is the 1st student in my 9 years to successfully take and complete all Business & IT courses offered at St. Edward High School, Mason works hard in the Business/IT classroom and has shown a great desire to learn. He is never afraid to ask questions and always accepts instruction. He has accepted the challenge of taking some of the more advanced Business/IT courses, and has done a tremendous job of pushing himself to be successful in these classes. Congratulations Mason!



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ST. EDWARD FFA

NEWSLETTER



FFA Pancake Feed - A Success!

Sindelar, and Katelyn Werts.

placed 2nd overall. Ryan was the runner-up

individual, with Parker placing 12th and Josie

placing 13th individually. Also competing was the

Natural Resources team of Korina Bittner, Kalvin

The FFA Chapter kicked off National FFA Week with the annual FFA Pancake Feed on Sunday, February 16th. Many braved the cold weather to join us for a free-will donation pancake breakfast. Thank you to everyone for supporting our FFA Chapter!



State Degrees & Proficiency Review

Seniors Carter Anson and Rebekah Ketelsen interviewed for their State FFA Degrees on Wednesday, February 5, in Central City. Both Carter and Rebekah were recommended to receive their State FFA Degrees in recognition of their accomplishments in FFA and with their SAEs.



Junior Ryan Cumming submitted a proficiency application for District review and received a Gold District rating. This application was for his SAE in Diversified Agricultural Production, the most competitive award area in the district.

Senior Rebekah Ketelsen submitted a proficiency application which received a Gold, State Qualifying District rating. This was for her SAE as a CNA at Cloverlodge. State preliminary review is Saturday, February 22.

Intro to Ag Class Explores Soil & Erosion

In late January and into February the Intro to Ag class has been exploring soils and erosion. At the end of January, Courtney Nelson of Northeast Community College visited the class to do an erosion activity. Students learned how we use precision agriculture practices to help control soil erosion. They competed with one another to see who would have the least amount of erosion and runoff from their fields.

In February, Mrs. Meyer led the class through an activity to learn about soil profiles and the different layers present in soil. The activity included creating edible soil profiles using different types of food. Afterward the students got to enjoy the sweet treat!



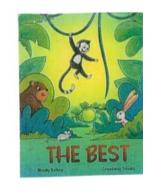




Family Literacy Night

Save the Date

Thursday, April 3, 2025 5:30 p.m.





Author, Brody Kelley from Albion will be here to share his books "Don't Wake Mom and Dad" and "The Best."



Join us for snacks and prizes and the chance to listen to Brody read his books and share with us how he became an author.



All SE Juniors will take the ACT on Tuesday, March 25!

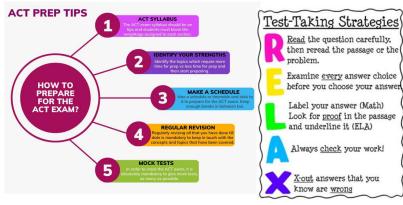
Details:

The ACT is part of the Nebraska Student-Centered Assessment System (NSCAS).

All Nebraska public school juniors are required to take the ACT.

There is no limit to how many times a student can take the ACT.

Retesting allows students to improve their study plan and target areas they want to work on.



Brody's books can be bought on Amazon! He will autograph them that night!

NG/SE Water Bottles \$10

Panther Magnets





Contact
Crystal Werts
at
St Ed School or
308-708-1595

2026 LA Fine Arts Trip





22 29 PROM	Reality 101 @Lindsay Academy-6th-8th grade HS Track @ Concordia (Indoor @Seward) 4pm 28 State Speech @ Kearney	20 District Speech @ Elgin 27 FFA Pre-Contest Prep Night HS Track @ Loup City 10am	19 26 Goldenrod Conference Music @ Central Valley- 8am	Susan Buffet Financial Deadline Due! 18 Boone County Healthy Habit Day-5th Grade Speech Public Performances 6:30pm 25 FFA Pre-Contest Prep Night ACT-Juniors-8am	Speech @ Riverside 17 24 31 Junior Firefighting	30
22	21	20	19	Susan Buffet Financial Deadline Duel	Speech @ Riverside	
15	14	13	12	11	10	
Speech @ Centura 8	7 NO SCHOOL SPRING BREAK	6 NO SCHOOL SPRING BREAK	5 End of 3rd Quarter 1:30 Dismissal 1:30 FFA Chapter Meeting	4 U.S. Marine Corps Presentation (11th and 12th grades) 8:45	3 First Day of Spring Practice	
1 Speech @ Centura						

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St. Edward Public Schools

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Web Page:

http://www.stedpublicschool.org St. Edward Beavers Public School on Facebook

Upcoming Events: March 5th-1:30 DismissalTeacher In-Service March 5th-Enf of the 3rd Quarter March 6th-NO SCHOOL —SPRING BREAK March 7th— NO SCHOOL-SPRING BREAK

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